



DATE: \_\_\_/\_\_\_/\_\_\_ OFFICE USE Patient ID: \_\_\_\_\_ Chart ID \_\_\_\_\_  
 First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_ Last Name \_\_\_\_\_  
 Other Dentists if applicable \_\_\_\_\_ Other Physician Name \_\_\_\_\_  
 Whom may we thank for referring you to our practice? \_\_\_\_\_

**Responsible Party** *(If someone other than patient)*

First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_ Last Name \_\_\_\_\_  
 Street Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
 Birth Date \_\_\_/\_\_\_/\_\_\_ Social Security Number \_\_\_-\_\_\_-\_\_\_ Driver License \_\_\_\_\_

**Patient Information**

Street Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
 \_\_\_ Male \_\_\_ Female \_\_\_ Married \_\_\_ Single \_\_\_ Divorced \_\_\_ Separated \_\_\_ Widowed  
 Birth Date \_\_\_/\_\_\_/\_\_\_ Social Security Number \_\_\_-\_\_\_-\_\_\_ Driver License \_\_\_\_\_  
 Email \_\_\_\_\_ Spouse Name \_\_\_\_\_  
 Occupation \_\_\_\_\_ Employer Name \_\_\_\_\_  
 Employment Status \_\_\_ Full Time \_\_\_ Part Time \_\_\_ Retired Height \_\_\_ Feet \_\_\_ Inches  
 Student Status \_\_\_ Full Time \_\_\_ Part Time Weight \_\_\_\_\_  
 Medicaid ID \_\_\_\_\_ Preferred Dentist \_\_\_\_\_  
 Employer ID \_\_\_\_\_ Preferred Pharmacy \_\_\_\_\_  
 Carrier ID \_\_\_\_\_ Preferred Hygienist \_\_\_\_\_

**Insurance Information**

**Primary Insurance Information**

First Name of Insured \_\_\_\_\_ Middle Initial \_\_\_\_\_ Last Name \_\_\_\_\_  
 Policy/Group No. \_\_\_\_\_ Relationship to Insured \_\_\_ Self \_\_\_ Spouse \_\_\_ Child \_\_\_ Other  
 Insurance ID No. \_\_\_\_\_ Insured Birth Date \_\_\_/\_\_\_/\_\_\_ Insured Soc Sec No. \_\_\_\_\_  
 Employer \_\_\_\_\_ Ins. Company \_\_\_\_\_  
*Insured Address if different than patient's*  
 Street Address \_\_\_\_\_ City, State, Zip \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_ Telephone \_\_\_\_\_

**Secondary Insurance Information**

First Name of Insured \_\_\_\_\_ Middle Initial \_\_\_\_\_ Last Name \_\_\_\_\_  
 Policy/Group No. \_\_\_\_\_ Relationship to Insured \_\_\_ Self \_\_\_ Spouse \_\_\_ Child \_\_\_ Other  
 Insurance ID No. \_\_\_\_\_ Insured Birth Date \_\_\_/\_\_\_/\_\_\_ Insured Soc Sec No. \_\_\_\_\_  
 Employer \_\_\_\_\_ Ins. Company \_\_\_\_\_  
*Insured Address if different than patient's*  
 Street Address \_\_\_\_\_ City, State, Zip \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_ Telephone \_\_\_\_\_

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

# Medical History Questionnaire

DATE: \_\_\_/\_\_\_/\_\_\_\_\_

OFFICE USE Patient ID: \_\_\_\_\_

NAME \_\_\_\_\_ DATE OF BIRTH \_\_\_/\_\_\_/\_\_\_\_\_ MALE \_\_\_\_\_ FEMALE \_\_\_\_\_

This questionnaire was designed to provide important facts regarding the history of your pain or condition. The information you provide will assist in reaching diagnosis and determining the source of your problem. Please take your time and answer each question as completely and honestly as possible. Please sign each page.

**LIST ANY MEDICATIONS/SUBSTANCES WHICH HAVE CAUSED AN ALLERGIC REACTION:**

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Yes <input type="checkbox"/> No Antibiotics  | <input type="checkbox"/> Yes <input type="checkbox"/> No Latex             | <input type="checkbox"/> Yes <input type="checkbox"/> No Sedatives      |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Aspirin      | <input type="checkbox"/> Yes <input type="checkbox"/> No Local Anesthetics | <input type="checkbox"/> Yes <input type="checkbox"/> No Sleeping pills |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Barbiturates | <input type="checkbox"/> Yes <input type="checkbox"/> No Metals            | <input type="checkbox"/> Yes <input type="checkbox"/> No Sulfa drugs    |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Codeine      | <input type="checkbox"/> Yes <input type="checkbox"/> No Penicillin        | <input type="checkbox"/> Other _____                                    |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Iodine       | <input type="checkbox"/> Yes <input type="checkbox"/> No Plastic           | <input type="checkbox"/> Other _____                                    |

**LIST ANY MEDICATIONS CURRENTLY BEING TAKEN:**

Medication name	Dosage/Frequency	Reason
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**MEDICAL HISTORY: (Please indicate dates on items marked current or past) (N=Never / C=Current / P=Past)**

Medical Condition	N	C	P	Date	Medical Condition	N	C	P	Date
Periodontal ( <i>gum disease</i> )	-	-	-	_____	Hemophilia	-	-	-	_____
Oral surgery	-	-	-	_____	Hepatitis	-	-	-	_____
Wisdom teeth removed	-	-	-	_____	Hormone problems	-	-	-	_____
Other teeth removed	-	-	-	_____	Hypertension	-	-	-	_____
Grind or clench teeth	-	-	-	_____	Hypoglycemia	-	-	-	_____
Bite adjusted by dentist	-	-	-	_____	Immune system disorder	-	-	-	_____
Chew gum regularly	-	-	-	_____	Infectious mononucleosis	-	-	-	_____
Orthodontic treatment	-	-	-	_____	Injury to face	-	-	-	_____
Teeth removed for ortho	-	-	-	_____	Injury to mouth	-	-	-	_____
Bite or chew fingernails	-	-	-	_____	Injury to neck	-	-	-	_____
Badly worn teeth	-	-	-	_____	Injury to teeth	-	-	-	_____
Loose teeth	-	-	-	_____	Insomnia	-	-	-	_____
Accident to teeth	-	-	-	_____	Jaw joint surgery	-	-	-	_____
Splint, retainer or night guard	-	-	-	_____	Kidney problems	-	-	-	_____
Allergies	-	-	-	_____	Low energy	-	-	-	_____
Acid reflux	-	-	-	_____	Lung disease	-	-	-	_____
Arteriosclerosis	-	-	-	_____	Meniere's disease ( <i>inner ear disease</i> )	-	-	-	_____
Arthritis	-	-	-	_____	Menopausal problems	-	-	-	_____
Asthma	-	-	-	_____	Multiple sclerosis	-	-	-	_____
Backaches	-	-	-	_____	Muscle aches	-	-	-	_____
Blood pressure - High	-	-	-	_____	Muscle shaking ( <i>tremors</i> )	-	-	-	_____
Blood pressure - Low	-	-	-	_____	Muscle spasms or cramps	-	-	-	_____

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

<b>Medical Condition</b>	N	C	P	Date
Cancer	-	-	-	_____
Chronic fatigue	-	-	-	_____
Chronic pain	-	-	-	_____
Cold hands and feet	-	-	-	_____
Cold sores	-	-	-	_____
Depression	-	-	-	_____
Diabetes	-	-	-	_____
Difficulty concentrating	-	-	-	_____
Difficulty sleeping	-	-	-	_____
Dizziness	-	-	-	_____
Epilepsy	-	-	-	_____
Fainting spells	-	-	-	_____
Fatigue easily	-	-	-	_____
Fibromyalgia	-	-	-	_____
Frequent stressful situations	-	-	-	_____
Frequent urination	-	-	-	_____
Gall bladder problems	-	-	-	_____
General anesthesia	-	-	-	_____
Glaucoma	-	-	-	_____
Hearing impaired	-	-	-	_____
Heart attack	-	-	-	_____
Heartburn	-	-	-	_____
Heart disease	-	-	-	_____
Heart murmur	-	-	-	_____
Heart pacemaker	-	-	-	_____
Heart palpitations	-	-	-	_____
Heart problems	-	-	-	_____

C P Date

Other \_\_\_\_\_  
 Other \_\_\_\_\_  
 Other \_\_\_\_\_

<b>Medical Condition</b>	N	C	P	Date
Muscular dystrophy	-	-	-	_____
Nasal allergies	-	-	-	_____
Needing extra pillows to help breathing at night	-	-	-	_____
Neuralgia	-	-	-	_____
Numbness of fingers	-	-	-	_____
Osteoarthritis	-	-	-	_____
Osteoporosis	-	-	-	_____
Pacemaker	-	-	-	_____
Prior Orthodontic treatment	-	-	-	_____
Psychiatric care	-	-	-	_____
Rheumatic fever	-	-	-	_____
Rheumatoid arthritis	-	-	-	_____
Scoliosis	-	-	-	_____
Sinus problems	-	-	-	_____
Sleep apnea	-	-	-	_____
Speech difficulties	-	-	-	_____
Stroke	-	-	-	_____
Swallowing problems	-	-	-	_____
Swollen, stiff or painful joints	-	-	-	_____
Tendency for ear infections	-	-	-	_____
Tendency for sore throats	-	-	-	_____
Thyroid disorder	-	-	-	_____
Tired muscles	-	-	-	_____
Tonsils removed	-	-	-	_____
Tuberculosis	-	-	-	_____
Urinary disorders	-	-	-	_____

C P Date

Other \_\_\_\_\_  
 Other \_\_\_\_\_  
 Other \_\_\_\_\_

**ADDITIONAL MEDICAL HISTORY ITEMS:**

<b>Medical Condition</b>	N	C	P	Date
Recreational drugs	-	-	-	_____

<b>Medical Condition</b>	N	C	P	Date
HIV/AIDS	-	-	-	_____

**LIST ANY SURGICAL OPERATIONS YOU HAVE HAD:**

___ Yes ___No Appendectomy	___ Yes ___No Hysterectomy	___ Yes ___No Uvulectomy
___ Yes ___No Back	___ Yes ___No Lung	___ Yes ___No Periodontal
___ Yes ___No Ear	___ Yes ___No Nasal	
___ Yes ___No Gallbladder	___ Yes ___No Thyroid	
___ Yes ___No Heart	___ Yes ___No Tonsillectomy	
___ Yes ___No Hernia repair	___ Yes ___No Tubal	
___ Other _____	___ Other _____	___ Other _____

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

**SOCIAL HISTORY:**

**Tobacco Use:** Cigarettes  Never smoked  Current Smoker # of packs per day\_\_\_\_ # of years\_\_\_\_  
 Quit When did you quit? \_\_\_\_\_

**Other tobacco:**  Pipe  Cigar  Snuff  Chew

**Alcohol Use:** Do you drink alcohol?  Yes  No If yes, # of drinks per week\_\_\_\_

**Caffeine Intake:**  None  Coffee/Tea/Soda # of cups per day\_\_\_\_

**Additional:**  Yes  No Regular exercise

**PATIENT SIGNATURE**

I authorize the release of a full report of examination findings, diagnosis, treatment program etc., to any referring or treating dentist or physician. I additionally authorize the release of any medical information to insurance companies or for legal documentation to process claims. I understand that I am responsible for all charges for treatment to me regardless of insurance coverage.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

I certify that the medical history information is complete and accurate.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

# Head, Neck and Facial Pain Questionnaire

DATE: \_\_\_/\_\_\_/\_\_\_

OFFICE USE Patient ID: \_\_\_\_\_

NAME \_\_\_\_\_

DATE OF BIRTH \_\_\_/\_\_\_/\_\_\_

MALE \_\_\_\_\_

FEMALE \_\_\_\_\_

## WHAT ARE THE CHIEF COMPLAINTS FOR WHICH YOU ARE SEEKING TREATMENT?

*Please number your complaints with #1 being the most severe, #2 the next most severe, etc.*

#1 = the most severe symptom

### TMD/PAIN COMPLAINTS

\_\_\_ Difficulty swallowing

\_\_\_ Dizziness

\_\_\_ Facial pain

\_\_\_ Headaches

\_\_\_ Jaw clicking

\_\_\_ Jaw locking

\_\_\_ Jaw pain

\_\_\_ Limited mouth opening

\_\_\_ Difficulty opening mouth

\_\_\_ Difficulty closing mouth

\_\_\_ Migraines

\_\_\_ Morning head pain

\_\_\_ Morning Hoarseness

\_\_\_ Neck Pain

\_\_\_ Shoulder pain

\_\_\_ Nocturnal teeth grinding

\_\_\_ Pain when chewing

\_\_\_ Eye pain

\_\_\_ Eye twitching

\_\_\_ Sore facial muscles

\_\_\_ Ear Pain

\_\_\_ Fullness sinus

\_\_\_ Ringing in the ears

\_\_\_ Numbness - upper limbs

### SLEEP BREATHING COMPLAINTS

\_\_\_ CPAP intolerance

\_\_\_ Difficulty falling asleep

\_\_\_ Fatigue

\_\_\_ Frequent heavy snoring

\_\_\_ Frequent heavy snoring which affects the sleep of others

\_\_\_ Gasping when waking up

\_\_\_ Nighttime choking spells

\_\_\_ Significant daytime drowsiness

\_\_\_ Sleepy while driving

\_\_\_ Witnessed apneic events

Other: Write In

\_\_\_ \_\_\_\_\_

\_\_\_ \_\_\_\_\_

\_\_\_ \_\_\_\_\_

\_\_\_ \_\_\_\_\_

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

**SYMPTOMS**

**HEAD PAIN**

Alternative Place for LOCATION on the PAIN Hx TAB

- Yes  No Entire head (Generalized)
- [L] [R] [B] Front of your head (Frontal)
- Yes  No Top of the head
- [L] [R] [B] Back of your head
- [L] [R] [B] In your temples

**JAW PAIN**

- [L] [R] [B] Jaw pain - on opening
- [L] [R] [B] Jaw pain - while chewing
- [L] [R] [B] Jaw pain - at rest

**JAW SYMPTOMS**

- Yes  No Jaw popping
- [L] [R] [B] Jaw clicking
- Yes  No Jaw locks closed
- Yes  No Jaw locks opened
- Yes  No Teeth grinding

**MOUTH AND NOSE RELATED CONDITION**

- Yes  No Burning tongue
- Yes  No Frequent biting of cheek
- Yes  No Frequent snoring
- Yes  No Broken teeth
- Yes  No Teeth clenching
- Yes  No Dry mouth

**EAR RELATED CONDITIONS**

- Yes  No Buzzing in the ears
- Yes  No Tinnitus (ringing in the ears)
- Yes  No Ear pain
- Yes  No Ear congestion
- Yes  No Pain in front of the ear
- Yes  No Hearing loss
- Yes  No Recurrent ear infections
- Yes  No Pain behind the ear
- Yes  No Vertigo/Dizziness

**EYE RELATED CONDITIONS**

Double Vison, Photophobia in PAIN Hx

- Yes  No Blurred vision
- Yes  No Eye pain
- Yes  No Pain or pressure behind the eyes
- Yes  No Eyelid twitching

**THROAT, NECK & BACK RELATED CONDITIONS CONTINUED**

- Yes  No Back pain - lower
- Yes  No Back pain - middle
- Yes  No Back pain - upper
- Yes  No Chronic sore throat
- Yes  No Constant feeling of a foreign object in throat
- Yes  No Difficulty in swallowing
- Yes  No Limited movement of neck
- Yes  No Neck pain
- Yes  No Numbness in the hands or fingers
- Yes  No Sciatica
- Yes  No Scoliosis
- Yes  No Shoulder pain
- Yes  No Shoulder stiffness
- Yes  No Swelling in the neck
- Yes  No Swollen glands
- Yes  No Thyroid enlargement
- Yes  No Tightness in throat
- Yes  No Tingling in the hands or fingers
- Yes  No Chronic sinusitis

- Other \_\_\_\_\_
- Other \_\_\_\_\_
- Other \_\_\_\_\_
- Other \_\_\_\_\_

**HISTORY OF SYMPTOMS**

When did your condition first occur? \_\_\_\_\_

What do you believe is the cause or condition of your pain or condition? \_\_\_\_\_

- Pick one:  a motor vehicle accident  a motorcycle accident  work related accident
- an athletic endeavor  a fight  playground incident
- accident  illness  injury
- unknown  fall  other \_\_\_\_\_

If accident, enter date \_\_\_\_\_

Is there anything that makes your pain or discomfort worse? \_\_\_\_\_

Is there anything that makes your pain or discomfort better? \_\_\_\_\_

What other information is important to your pain or condition? \_\_\_\_\_

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

**LIST ANY TREATMENTS YOU HAVE HAD FOR THIS PROBLEM AND ALL HEALTH PROFESSIONALS THAT YOU ARE CURRENTLY SEEING:**

Practitioner's Name	Specialty	Treatment	Approximate Date
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**HEAD PAIN HISTORY**

**Pain Qualities**

**LOCATION**

Which side are the headaches worse?

*(Choose one from below)*

- right side
- both sides
- the left side
- the right side

Headache spreads to

*(Choose one from below)*

- the temporal area down to neck
- the temple
- the back of the head
- the temple
- the back of the head
- the forehead

**SEVERITY ON A SCALE OF 0-10**

*0=No Pain 10=Worst Pain Imaginable*

- Jaw Pain on a Numeric Pain Scale
- Headaches on a 0-10 Pain Scale
- Neck Pain on a Numeric Pain Scale
- Facial Pain on a 0-10 Pain Scale

**FREQUENCY**

- Yes  No Occasional
- Yes  No Frequent
- Yes  No Constant

**DURATION**

- Yes  No Seconds
- Yes  No Minutes
- Yes  No Hours
- Yes  No Days
- Yes  No Weeks

**When having pain do you experience:**

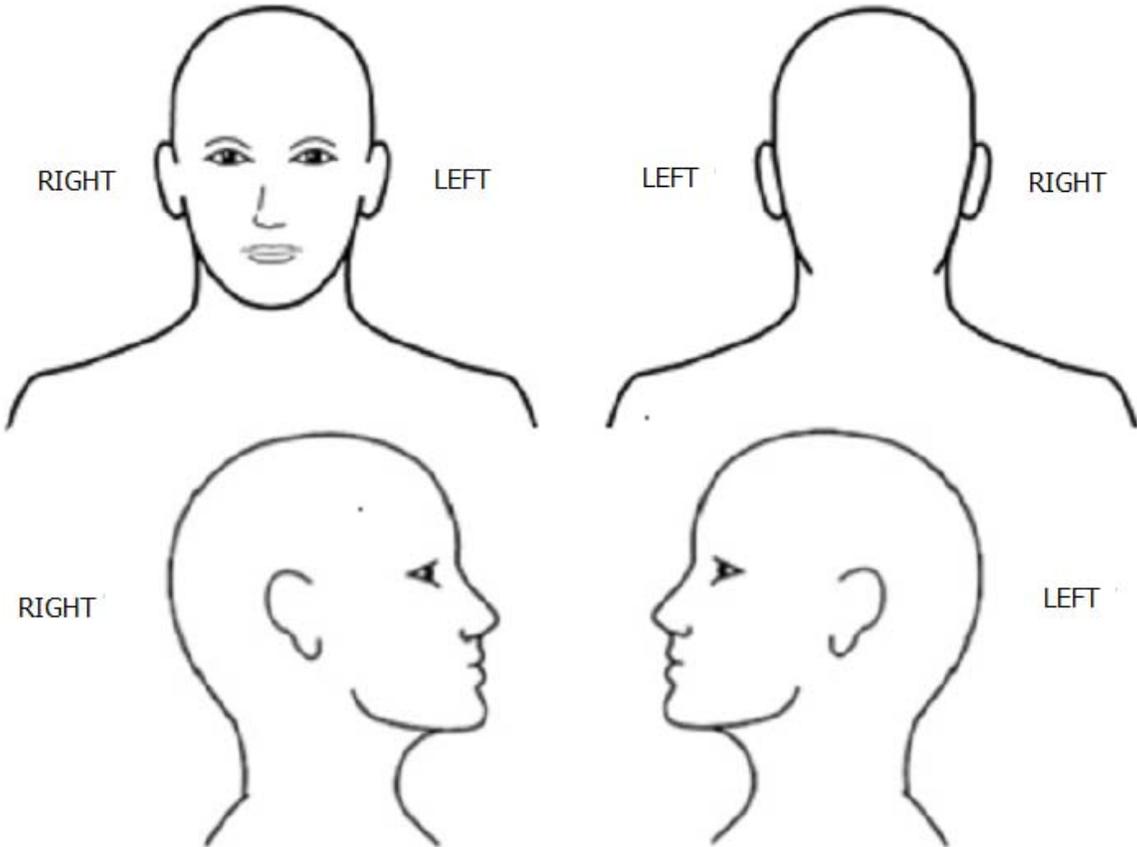
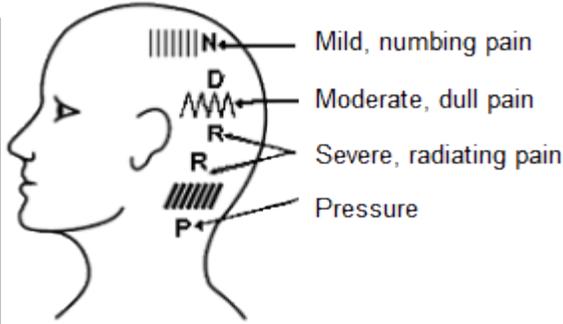
- Yes  No Dizziness
- Yes  No Double vision
- Yes  No Fatigue
- Yes  No Nausea
- Yes  No Sensitivity to light (*photophobia*)
- Yes  No Sensitivity to noise
- Yes  No Throbbing
- Yes  No Vomiting
- Yes  No Burning

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

**DRAW YOUR PAIN PATTERNS FOLLOWING THIS KEY**

**DRAW YOUR PAIN PATTERNS FOLLOWING THIS KEY:**

- |               |   |                    |
|---------------|---|--------------------|
| MILD PAIN     |  | <b>B</b> Burning   |
|               |   | <b>D</b> Dull      |
|               |   | <b>N</b> Numbing   |
| MODERATE PAIN |  | <b>P</b> Pressure  |
|               |   | <b>S</b> Sharp     |
| SEVERE PAIN   |  | <b>T</b> Tingling  |
|               |   | <b>R</b> Radiating |



Enter any text to appear below the image \_\_\_\_\_

**PATIENT SIGNATURE**

I authorize the release of a full report of examination findings, diagnosis, treatment program etc., to any referring or treating dentist or physician. I additionally authorize the release of any medical information to insurance companies or for legal documentation to process claims. I understand that I am responsible for all charges for treatment to me regardless of insurance coverage.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

I certify that the medical history information is complete and accurate.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

## THE EPWORTH SLEEPINESS SCALE

How likely are you to doze off or fall asleep in the following situations?

Check one in each row:	0=No chance of dozing	1=Slight chance of dozing	2=Moderate chance of dozing	3=High chance of dozing
Sitting and reading	_____	_____	_____	_____
Watching TV	_____	_____	_____	_____
Sitting inactive in a public place (i.e. a theater or a meeting)	_____	_____	_____	_____
As a passenger in a car for an hour without a break	_____	_____	_____	_____
Lying down to rest in the afternoon when circumstances permit	_____	_____	_____	_____
Sitting and talking to someone	_____	_____	_____	_____
Sitting quietly after a lunch without alcohol	_____	_____	_____	_____
In a car, while stopping for a few minutes in traffic	_____	_____	_____	_____

TOTAL SCORE: \_\_\_\_\_ (Add columns 0-3)

## FATIGUE SCALE

During the past week:

	No<<						Yes>>
	1	2	3	4	5	6	7
I felt fatigued and had less motivation	—	—	—	—	—	—	—
I felt fatigued and did not desire to exercise	—	—	—	—	—	—	—
I felt fatigued often	—	—	—	—	—	—	—
I felt fatigue that interfered with my physical functioning	—	—	—	—	—	—	—
I felt fatigued which caused me frequent problems	—	—	—	—	—	—	—
I felt fatigued which prevented sustained physical functioning	—	—	—	—	—	—	—
I felt fatigued and couldn't carry out certain duties and responsibilities	—	—	—	—	—	—	—
Fatigue was among my three most disabling symptoms	—	—	—	—	—	—	—
Fatigue interfered with my work, family or social life	—	—	—	—	—	—	—

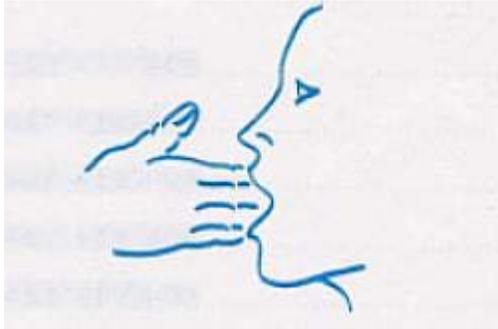
TOTAL SCORE: \_\_\_\_\_

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

# TMJ SCALE

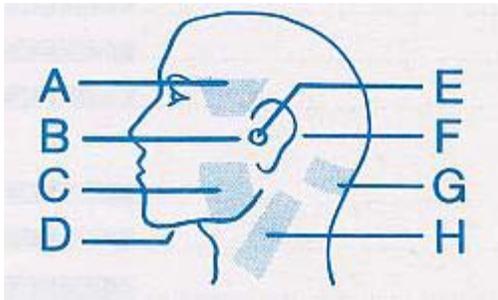
This questionnaire is designed to help your doctor evaluate your problem. Please answer all questions as honestly as possible. use a **dark #2 lead pencil**. Mark answers clearly, erasing completely any changes. Make no marks outside answer spaces. **Do not skip any questions**, even if you are not absolutely sure.

Initials: _____		File No. (filled in by clinician) _____									
Today's Date ____/____/____		Age _____		Sex (mark one)		[1] Male		[2] Female			
Marital Status (mark one)		[1] Single		[4] Divorced		Ethnic/Racial Group (mark one)		[1] Black		[4] White	
		[2] Married		[5] Widowed				[2] Hispanic		[5] Other	
		[3] Separated		[6] Remarried				[3] Oriental			
Number of School Years (mark one)		[1]	[2]	[3]	[4]	[5]	[6]	[7]	[8]	[9]	[10]
		[11]	[12]	[13]	[14]	[15]	[16]	[17]	[18]	[19]	[20+]
Problem Length		[1] None		[3] 1-5 Months		[5] 1-2 Years		[7] 6-10 Years			
		[2] Less than 1 month		[4] 6-11 Months		[6] 3-5 Years		[8] 10+ Years			



1. This question should only be answered if you have upper and lower front teeth or are wearing a replacement for them. Open your mouth as wide as possible and position your hand as shown in the diagram at right. Place as many fingers as possible between your upper and lower front teeth. Now **mark one number** indicating the **number of fingers**.

- (mark one)
- |                    |     |
|--------------------|-----|
| less than 1 finger | [0] |
| at least 1 finger  | [1] |
| at least 2 fingers | [2] |
| at least 3 fingers | [3] |
| at least 4 fingers | [4] |



For questions #2-8 below, locate each area on your face (except F) using the lettered diagram. Press each area firmly on both sides of your face. **Mark the number** that indicates the **maximum amount of pain** you feel using the following scale:

- 0 = no pain
- 1 = slight pain
- 2 = moderate pain
- 3 = quite a bit of pain
- 4 = extreme pain.

(mark one)

- |   |     |     |     |     |     |
|---|-----|-----|-----|-----|-----|
| 2. Pressing my temples (A on diagram)                           | [0] | [1] | [2] | [3] | [4] |
| 3. Pressing my jaw joints (B on diagram)                        | [0] | [1] | [2] | [3] | [4] |
| 4. Pressing my jaw muscles (C on diagram)                       | [0] | [1] | [2] | [3] | [4] |
| 5. Pressing the muscles under the side of my jaw (D on diagram) | [0] | [1] | [2] | [3] | [4] |
| 6. Pressing in my ears (E on diagram)                           | [0] | [1] | [2] | [3] | [4] |
| 7. Pressing the back of my neck (G on diagram)                  | [0] | [1] | [2] | [3] | [4] |
| 8. Pressing the side of my neck (H on diagram)                  | [0] | [1] | [2] | [3] | [4] |

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

**Mark the number** which best describes **how much of the time** each statement to the left applies to you, using the following key:

- 0 = none of the time
- 1 = a little bit of the time
- 2 = a moderate amount of time
- 3 = quite a bit of time
- 4 = all of the time

9. Just a light touch on my face causes shock-like pain.	[0]	[1]	[2]	[3]	[4]
10. My jaw must click and pop before I can open it wide.	[0]	[1]	[2]	[3]	[4]
11. My jaw opens all the way without any sideways movements	[0]	[1]	[2]	[3]	[4]
12. My jaw locks open.	[0]	[1]	[2]	[3]	[4]
13. I have headaches which begin after seeing flashes of light or dark spots.	[0]	[1]	[2]	[3]	[4]
14. My jaw moves easily.	[0]	[1]	[2]	[3]	[4]
15. I have health problems which haven't responded to treatment.	[0]	[1]	[2]	[3]	[4]
16. I have pain in my jaw joint(s) (B on the diagram).	[0]	[1]	[2]	[3]	[4]
17. My jaw tires easily when chewing.	[0]	[1]	[2]	[3]	[4]
18. I have headaches which are made worse by bright light	[0]	[1]	[2]	[3]	[4]
19. It hurts my teeth when I bite.	[0]	[1]	[2]	[3]	[4]
20. I have muscle or joint pain in areas other than my head or neck.	[0]	[1]	[2]	[3]	[4]
21. I can move my jaw more to one side than the other.	[0]	[1]	[2]	[3]	[4]
22. I feel tense and worried.	[0]	[1]	[2]	[3]	[4]
23. I have drainage from my ear(s).	[0]	[1]	[2]	[3]	[4]
24. I feel sad and depressed.	[0]	[1]	[2]	[3]	[4]
25. I clench my teeth.	[0]	[1]	[2]	[3]	[4]
26. My bite feels comfortable.	[0]	[1]	[2]	[3]	[4]
27. I have jaw pain which gets worse the more I move my jaw.	[0]	[1]	[2]	[3]	[4]
28. It is difficult to find a comfortable position for my jaw.	[0]	[1]	[2]	[3]	[4]
29. I have pain in my ear(s) (E on diagram).	[0]	[1]	[2]	[3]	[4]
30. I have sinus problems.	[0]	[1]	[2]	[3]	[4]
31. When I bite down normally, my front teeth touch.	[0]	[1]	[2]	[3]	[4]
32. During my life, I've had many different painful disorders.	[0]	[1]	[2]	[3]	[4]
33. I have facial pain which comes on suddenly like electric shocks.	[0]	[1]	[2]	[3]	[4]
34. I can open my mouth as far as possible without pain.	[0]	[1]	[2]	[3]	[4]
35. I have pain in or behind my eye(s).	[0]	[1]	[2]	[3]	[4]
36. My jaw makes a grating or grinding noise when it opens and closes.	[0]	[1]	[2]	[3]	[4]
37. I think my bite is off.	[0]	[1]	[2]	[3]	[4]
38. I have pain which gets worse with stress or tension.	[0]	[1]	[2]	[3]	[4]
39. My jaw clicks or pops when I chew.	[0]	[1]	[2]	[3]	[4]
40. I can bite down hard without pain in my jaw.	[0]	[1]	[2]	[3]	[4]
41. One painful problem is followed by another.	[0]	[1]	[2]	[3]	[4]
42. I have jaw pain which makes me feel sick and feverish.	[0]	[1]	[2]	[3]	[4]
43. I grind my teeth during the day.	[0]	[1]	[2]	[3]	[4]
44. I have numb areas on my face.	[0]	[1]	[2]	[3]	[4]
45. I use nerve pills, sleeping pills, or alcohol for relief.	[0]	[1]	[2]	[3]	[4]
46. I can move my jaw smoothly.	[0]	[1]	[2]	[3]	[4]
47. I can chew without bumping my teeth unexpectedly.	[0]	[1]	[2]	[3]	[4]
48. I have a feeling of pins and needles on my face.	[0]	[1]	[2]	[3]	[4]

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

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- |   |     |     |     |     |     |
|---|-----|-----|-----|-----|-----|
| 49. I have pain in my jaw muscles (C on diagram).                             | [0] | [1] | [2] | [3] | [4] |
| 50. I have pain in the back of my neck (G on diagram).                        | [0] | [1] | [2] | [3] | [4] |
| 51. Over the years, I've been under a lot of stress.                          | [0] | [1] | [2] | [3] | [4] |
| 52. My jaw twitches or jerks uncontrollably.                                  | [0] | [1] | [2] | [3] | [4] |
| 53. When I bite down normally, my back teeth touch.                           | [0] | [1] | [2] | [3] | [4] |
| 54. The way my front teeth fit seems to be changing.                          | [0] | [1] | [2] | [3] | [4] |
| 55. A light touch on one side of my face causes shock-like pain on the other. | [0] | [1] | [2] | [3] | [4] |
| 56. I have a ringing in my ear(s).  | [0] | [1] | [2] | [3] | [4] |
| 57. I have pain which gets worse with certain people or situations.           | [0] | [1] | [2] | [3] | [4] |
| 58. I have pain in the side(s) of my neck (H on diagram).                     | [0] | [1] | [2] | [3] | [4] |
| 59. I have a steady pain across my forehead.                                  | [0] | [1] | [2] | [3] | [4] |
| 60. I have many changing pains.   | [0] | [1] | [2] | [3] | [4] |
| 61. I feel angry.   | [0] | [1] | [2] | [3] | [4] |
| 62. Other people notice noise from my jaw when I chew.                        | [0] | [1] | [2] | [3] | [4] |
| 63. I can chew food as well as I used to.                                     | [0] | [1] | [2] | [3] | [4] |
| 64. I have health problems which seem to be getting worse.                    | [0] | [1] | [2] | [3] | [4] |
| 65. I have pain in the muscles under my jaw (D on diagram).                   | [0] | [1] | [2] | [3] | [4] |
| 66. I have pain in my temple(s) (A on diagram).                               | [0] | [1] | [2] | [3] | [4] |
| 67. I feel anxious.   | [0] | [1] | [2] | [3] | [4] |
| 68. I can open my mouth as wide as I used to.                                 | [0] | [1] | [2] | [3] | [4] |
| 69. The way my back teeth fit seems to be changing.                           | [0] | [1] | [2] | [3] | [4] |
| 70. I sleep well.   | [0] | [1] | [2] | [3] | [4] |
| 71. I have head or facial pain which gets worse when I bend over.             | [0] | [1] | [2] | [3] | [4] |
| 72. When I touch one side of my face, the other side gets numb.               | [0] | [1] | [2] | [3] | [4] |
| 73. My jaw gets stuck and won't open all the way.                             | [0] | [1] | [2] | [3] | [4] |
| 74. The only real problems in my life are problems with my physical health.   | [0] | [1] | [2] | [3] | [4] |
| 75. I've had conflicting doctors' opinions about health problems.             | [0] | [1] | [2] | [3] | [4] |
| 76. I can move my jaw in any direction without pain.                          | [0] | [1] | [2] | [3] | [4] |
| 77. I have facial pain which gets worse in cold weather.                      | [0] | [1] | [2] | [3] | [4] |
| 78. I feel frustrated.  | [0] | [1] | [2] | [3] | [4] |
| 79. I have a stuffy nose.   | [0] | [1] | [2] | [3] | [4] |
| 80. Recently I've been under a lot of stress.                                 | [0] | [1] | [2] | [3] | [4] |
| 81. I have headaches which make me feel sick to my stomach.                   | [0] | [1] | [2] | [3] | [4] |
| 82. I can take big bites of things like apples.                               | [0] | [1] | [2] | [3] | [4] |
| 83. I have work or family pressures.  | [0] | [1] | [2] | [3] | [4] |
| 84. I have pain and stiffness in my finger joints.                            | [0] | [1] | [2] | [3] | [4] |
| 85. My back teeth feel like they fit properly.                                | [0] | [1] | [2] | [3] | [4] |
| 86. I believe I have an incurable problem in spite of reassurance by doctors. | [0] | [1] | [2] | [3] | [4] |
| 87. In the morning my teeth are sore and my jaw is tired.                     | [0] | [1] | [2] | [3] | [4] |
| 88. My ears feel blocked or stopped up.                                       | [0] | [1] | [2] | [3] | [4] |

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- |   |     |     |     |     |     |
|---|-----|-----|-----|-----|-----|
| 89. I have many health problems.                        | [0] | [1] | [2] | [3] | [4] |
| 90. My jaw moves just as far forward as it used to.     | [0] | [1] | [2] | [3] | [4] |
| 91. I have difficulty swallowing.                       | [0] | [1] | [2] | [3] | [4] |
| 92. I have pain behind my ear(s) (F on diagram).        | [0] | [1] | [2] | [3] | [4] |
| 93. I have facial pain when other joints are also sore. | [0] | [1] | [2] | [3] | [4] |
| 94. I have nervous problems.                            | [0] | [1] | [2] | [3] | [4] |
| 95. I have throbbing headaches.                         | [0] | [1] | [2] | [3] | [4] |
| 96. I feel dizzy.                                       | [0] | [1] | [2] | [3] | [4] |
| 97. I consider myself to be a sickly person.            | [0] | [1] | [2] | [3] | [4] |

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_